



PARENT GUIDE

School Readiness Checklist

Parents of children 4–6 Years

A one-page checklist parents can use to gauge whether their child has the foundational skills typically expected before starting school.

Independence & Self-Care

- ☐ Uses the toilet independently
- ☐ Washes hands; manages buttons/zips
- ☐ Puts on shoes

Social & Emotional

- ☐ Separates from a parent without prolonged distress
- ☐ Takes turns and shares with other children
- ☐ Expresses needs and feelings in words

Language & Listening

- ☐ Follows 2-step instructions
- ☐ Listens to a short story without losing interest
- ☐ Speaks in full sentences

Early Academic

- ☐ Recognizes own name in print
- ☐ Counts to 10
- ☐ Holds a pencil/crayon with a functional grip



A NOTE FROM BRAINY INDIGO

If you're noticing gaps in several areas, Brainy Indigo's free Child Development Assessment can help identify specific next steps.