

PARENT GUIDE



Development Milestones: 5–6 Years

Parents of children 5–6 Years

A milestone overview for the kindergarten-to-first-grade stage, covering academic readiness, independence, and social skills.

Movement

- ☐ Skips, hops, and balances confidently
- ☐ Catches a small ball with both hands
- ☐ Writes and draws with a controlled pencil grip

Language

- ☐ Speaks in complex, grammatically correct sentences
- ☐ Retells a story in proper sequence
- ☐ Begins to read simple words or sentences

Social & Emotional

- ☐ Manages most emotions with age-appropriate self-regulation
- ☐ Cooperates and compromises during group play
- ☐ Shows growing independence in daily routines

Early Academic

- ☐ Recognizes letters, numbers, and basic shapes
- ☐ Counts and compares small groups of objects
- ☐ Writes their full name and some simple words

**A NOTE FROM BRAINY INDIGO**

This stage sets the foundation for formal schooling. Brainy Indigo's free Child Development Assessment can highlight strengths and any areas to support before school starts.