

PARENT GUIDE



Development Milestones: 4–5 Years

Parents of children 4–5 Years

What to look for as children approach school age, including early literacy, numeracy, and social-emotional growth.

Movement

- ☐ Hops, skips, and balances with control
- ☐ Catches a bounced ball most of the time
- ☐ Uses scissors to cut along a line

Language

- ☐ Tells longer, more detailed stories
- ☐ Understands and uses position words ("behind," "between")
- ☐ Speaks clearly enough for most adults to understand

Social & Emotional

- ☐ Negotiates and resolves minor conflicts with peers
- ☐ Shows awareness of others' feelings
- ☐ Follows multi-step classroom-style routines

Early Academic

- ☐ Recognizes most letters and some letter sounds
- ☐ Counts to 10 or beyond
- ☐ Writes some letters, including their own name

**A NOTE FROM BRAINY INDIGO**

Approaching school age is a great time to check in on development. Brainy Indigo's free Child Development Assessment can offer a clear, personalized picture.