

PARENT GUIDE



Development Milestones: 2–3 Years

Parents of toddlers 2–3 Years

What to expect as children develop more independence, vocabulary, and physical coordination between ages two and three.

Movement

- ☐ Runs and climbs with growing confidence
- ☐ Walks up and down stairs with support
- ☐ Pedals a tricycle (with practice)

Language

- ☐ Speaks in short 2–3 word phrases
- ☐ Follows two-step instructions
- ☐ Names familiar people, animals, and objects

Social & Emotional

- ☐ Shows a wider range of emotions
- ☐ Plays simple pretend games
- ☐ Begins to show independence ("me do it")

Thinking & Problem-Solving

- ☐ Sorts objects by shape and color
- ☐ Completes simple puzzles
- ☐ Understands basic concept words like "big" and "small"



A NOTE FROM BRAINY INDIGO

Every child's pace is different. Brainy Indigo's free Child Development Assessment can help you understand where your child is thriving and where extra support may help.