

PARENT GUIDE



Development Milestones: 1–2 Years

Parents of toddlers 1–2 Years

Key milestones to watch for as toddlers build walking, talking, and early independence skills.

Movement

- ☐ Walks independently
- ☐ Climbs onto low furniture
- ☐ Kicks a ball forward

Language

- ☐ Says several single words
- ☐ Points to ask for things or show interest
- ☐ Follows simple one-step instructions

Social & Play

- ☐ Plays alongside other children
- ☐ Imitates simple actions, like clapping or waving
- ☐ Shows affection toward familiar people

Thinking & Problem-Solving

- ☐ Finds hidden objects easily
- ☐ Stacks two or more blocks
- ☐ Begins to sort objects by shape or size

**A NOTE FROM BRAINY INDIGO**

Toddlers grow at different speeds. If something feels off-track, Brainy Indigo's free Child Development Assessment can offer clarity and guidance.